

TMO Day is now a whole WEEK of activities & events!

WED OCT 23, 2024

TAKE ME OUTSIDE DAY



Take Me Outside Day 2024 Program

October 21-25, 2024



Indigenous Acknowledgement

Take Me Outside would like to acknowledge and celebrate the diverse environments and people across Turtle Island whose Lands are the places, spaces, and teachers for our work. The speakers and presenters this week come from a wide range of nations and places across Turtle Island.

We want to begin by acknowledging that outdoor learning recognizes humans as an interconnected part of the natural world, as part of relationships that have been stewarded since time immemorial by the First Nations, Métis, Inuit, and Indigenous peoples who have lived here before colonialism, and continue to live and thrive here despite it.

We begin with gratitude and the utmost respect for the Land and all our relations on, above, and within her. We offer our gratitude and respect to the many Inuit, First Nations, Métis, and other Indigenous peoples who continue to protect and share their deep relational knowledge to facilitate ongoing relationships with her. Sharing your languages of relationship, reciprocity, respect, and responsibility encourages the heart of outdoor learning.

We also acknowledge that the work of truth and reconciliation is a journey of lifelong learning and work. We commit to supporting educators in rising to the Truth and Reconciliation Committee's calls to action numbers 6, 12, & 62 – 66.

As you explore Outdoor Learning this week with your learners we ask that you take time to learn about and recognize whose traditional Land or territory you reside, work, play, or explore on. You can use [this resource](#) as a starting place. Tim Patterson, an Indigenous mentor and [hiking guide](#) from the Little Nicola Band, said, "It's not just about acknowledging the Land, or the people of a particular Land, but asking what this knowledge and feeling compels you do?". Throughout this week, we hope the sessions and speakers inspire educators and learners from all walks of life to head outside and connect to the land. We hope you experience the way the land can love, nurture, and heal.



Program Overview

Take Me Outside Day brings together over 500,000 learners and educators from across North America to inspire, explore, and promote Outdoor Learning. This program is an overview of the virtual field trips, speakers, and offerings that will be available throughout the week. Registering for Take Me Outside Day gains you access to these events and resources throughout the whole week! Links and resources will be sent to educators prior to each event and throughout the week.

Not signed up yet? [Sign up today!](#)

The following creatures are used throughout the program to guide educators to the events that best fit their learners' age group!

Age Guide



Early years learners
3-7 years old



Middle years learners
8-13 years old



Senior years learners
14+ years old



Educator
Professional development

Monday, October 21

Theme:
**Indigenous Knowledge
and Ways of Knowing**



Virtual Field Trip 10am PT | 1pm ET

**Ancestral Technology: Canoe
STEM Challenge!** with Dawn Pratt
from askenootow STEM

In class
activity



VIRTUAL FIELD TRIP

8:30am PT | 11:30am ET

YOU ARE THE LAND
Workshop with
Sarah-Anne
Tourond



Hosted in partnership with **Strong Nations**, join Sarah-Anne as she shares her book "You Are The Land", and guides us through a short meditation and yoga practice, wrapping up her session with a question period and an art project prompt to do following the session.



VIRTUAL FIELD TRIP

11am PT | 2pm ET

**A Relational Path:
Learning to Live with
the Land - Author
Read-Aloud with Emma
Metallic and Artist
Nathalie Laurin**

Hosted in partnership with **Strong Nations Publishing** Join author Emma (Mi'gmau) and illustrator Natalie (Métis, settler) as they introduce the Cedar School Decodable Series.



PD OPPORTUNITY

4pm PT | 7pm ET

**Natural Curiosity
Throughout the
Seasons**

Connect with **Myah Birrell** (Natural Curiosity) and **Laurie LaBrecque** (Wandering Spirit School, Toronto) for a PD opportunity on teaching the four branches of the Natural Curiosity framework, guiding educators to bring their students outdoors for deepened learning experiences.



Tuesday, October 22



Theme
**Environmental Education
and Climate Change**

Virtual Field Trip 10am PT | 1pm ET

Climate Change From Space
with CSA **Astronaut Joshua Kutryk**

Speaker
+ Q&A



VIRTUAL FIELD TRIP

8:30am PT | 11:30am ET

Tales with Whales

Have you ever wondered what it's like to study whales? Join an **Ocean Wise** whale researcher to begin your virtual whale watching journey!



VIRTUAL FORUM

11am PT | 2pm ET

Virtual Youth Climate Action Panel with moderator Larissa Crawford



Join a dynamic conversation with inspiring youth and change makers who are taking climate action in their local communities!

Featuring Youth Climate Activists **Indigo Kim, Naia Lee, and Karishma Porwal.**

Panel
Q&A



FALL WORKSHOP

4pm PT | 7pm ET

**Climate Connections:
Climate Change
Education in Outdoor
Learning**

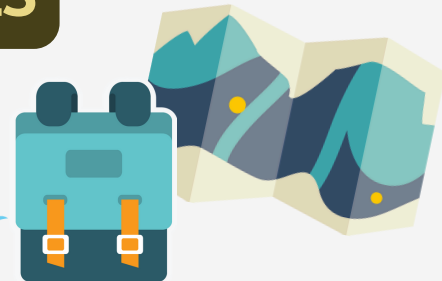
Hosted in partnership with the Outdoor Learning School and Store, join **Hilary Inwood & Maria Vamvalis** to learn about making Climate Connections in your Outdoor Learning Practice.



Wednesday, October 23



TAKE ME OUTSIDE DAY



14th Annual TAKE ME OUTSIDE DAY



Educators and learners are encouraged to spend at least 1 hour outdoors! If you need any suggestions, check out our TMO Day Resource page for a list of activities and lessons that can be done outside with your learners!

OPENING ACTIVITY

8:30am PT | 11:30am ET

Heartbeat of the Earth

Join **Rise Up Indigenous Wellness** for an interactive classroom session where Indigenous knowledge is weaved into everyday learning. This session will include mindfulness and movement. We will cover the holistic model of wellness, balancing the spiritual, emotional, mental and physical being.



SING-A-LONG

10:00am PT | 1:00pm ET

Sing-Along with Remy Rodden

Join eco-singer **Remy Rodden** for a fun and interactive sing-along! Remy is committed to helping children learn about nature through song!



Thank you to the following partners for providing specific resources for TMO Day:

- Project Learning Tree
- Invasive Species Council of BC
- Green Learning



Thursday, October 24



Theme
Health & Wellbeing



8:30 am PT / 11:30am ET

Q&A with Canadian Olympic Triathlon Athlete – Tyler Mislawchuk

Speaker Session followed by Q+A



VIRTUAL FIELD TRIP

7:30am PT | 10:30am ET

L'Art en plein air, avec le Musée des beaux-arts de l'Ontario (séance francophone)

L'art favorise la santé, le bien-être et un lien avec la nature! En partenariat avec Exploring by the Seat of Your Pants, rejoignez le Musée des beaux-arts de l'Ontario pour explorer des œuvres d'art inspirées de la nature. Bien qu'installé à l'intérieur, dans notre atelier visuel, on fera une exploration des espèces régionales.



VIRTUAL FIELD TRIP

10am PT | 1pm ET

All About Polar Bears

Hosted in partnership with **Exploring the Seat of Your Pants** and **Polar Bears International**, watch live polar bears on the tundra outside of Churchill, Manitoba while learning all about how they are adapted to their incredible environment, how we study them, and ways in which we can work together to protect our shared future.



VIRTUAL FIELD TRIP

11am PT | 2pm ET

Nature Art with AGO (English)

Art supports health, well-being, and a connection to the outdoors! Hosted in partnership with **Exploring by the Seat of Your Pants** join the **Art Gallery of Ontario** to explore a work of art inspired by nature and try your hand at creating your own art piece!




Friday, October 25



Theme:
Day of Reflection




Collaborative Changemaker Challenge!



Following a week of inspiring and engaging virtual field trips and sessions - share your climate action pledge! In partnership with GreenLearning's eCard gallery, TMO challenges learners and educators to reflect on the week and share how they plan to support the environment and natural world through Outdoor Learning.

Together we hope to create a gallery of change and demonstrate the important role youth are playing in taking climate ACTION!





A HUGE thank you to all of our outdoor learning sponsors who donated and contributed to the week! TMO Week wouldn't be possible without you!

Strong Nations
Gifts • Books • Publishing



Natural Curiosity

The Importance of Indigenous Perspectives in Children's Environmental Inquiry



THE OUTDOOR LEARNING SCHOOL & STORE
OUTDOORLEARNING.COM



New Brunswick Environmental Network



Réseau environnemental du Nouveau-Brunswick



Invasive Species Council of BC



An initiative of:

