

Canadian youth are spending an average of nearly 8 hours
a day in front of screens - let's make a difference on

OCTOBER 25, 2017

TAKE ME OUTSIDE DAY



ARE YOU IN OR
ARE YOU OUT?

Join over 200,000 students and teachers across
Canada who are helping to raise awareness about
the importance of outdoor education.

GET INVOLVED

1. Commit to spending 1 hour outside on October 25.
2. Email info@takemeoutside.ca and say "We're in!"
3. Get outside!



For more information please visit
takemeoutside.ca